



Lamorindan



The Weekly Newsletter of the Rotary Club of Lamorinda Sunrise
Meetings Friday 7AM at Postino's Restaurant in Lafayette

June 20, 2008

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TWO THOUGHTS, AGAIN

No doubt you remember that we had two thoughts last week, passed on by this Rag. Happened again this week. At first, the Thinker apparently didn't make it on time (Hawaiian time?). Stepping into the breach was John Fazel, presently President-Elect-Elect but soon to be promoted to President-Elect, who intoned the old but always good Thought:



If you want happiness for an hour, take a nap.
If you want happiness for a day, go fishing.
If you want happiness for a year, inherit a fortune.
If you want happiness for a lifetime, help somebody.

Fast-forwarding to his eventual arrival, Thinker Mike Edwards allowed as how he thought of himself as a cynic, especially as we all seem to fall behind on getting a lot of stuff done. But he had a transformation or epiphany or something at the International Convention, and is now convinced that lots is being done, and we can make a difference, one village at a time.

NOT SO BRIEFLY NOTED



The Prez will shortly give up that title. He gave something of a Swan Song in last week's "Briefly Noted". The "only" new thing today was the L.A. Convention. The size, depth, quality, and international-ness were fantastic. With 10 or 11 members there, we were probably the best-represented club in the place. These transformed members will give Prez Pat a lot of ammunition next year for hope for helping those in need. In fact, those members are so transformed that they'll never again fail to take a grocery cart back to its resting place in the store. (Well, you had to be here.)

Paul has become famous for his awards. He gave one last one publicly, and another privately. The public one was a pen with the 4-Way Test thereon and a certificate to outgoing Director Al Sevilla. The private one (no one escapes the snooping reporter) was to Venera Maysurants: A Governor's Prospector's Badge for special sharing deeds. What sharing deed did Venera do? Why don't you ask her.

AND FINALLY, BOOTED OUT



Rich Shearer again whispered about the secret demotion party. Attempts were made to have it at the Roundup Saloon, but they're a little more finicky about who they'll take than the organizers anticipated. So we have to settle for Hays Englehart's house. A good deal of time was spent trying to figure out the spelling of Hays' street, but a glance at the Roster actually reveals it to be 16 La Cintilla, Orinda. The date is Wednesday June 25th, and the time is "6-ish". You don't have to bring food, but **BRING TWO FOLDING CHAIRS** if you ever want to rest your body. A signup sheet was supposedly passed around, but didn't quite get to everyone.

Looked like a pretty formidable turnout even so. Oh, the price? Just check your bill next quarter.

BIG DAY FOR IOWA

Iowan John Fazel first kissed up to the ladies by offering them flowers from yesterday's 3/4 Century event. The event as usual was wildly successful, and rowdy, even without Brad Davis.

John then turned to a less happy occasion, the flooding of Cedar Rapids, back in the land of his roots. He'll be organizing us and other clubs, including Berkeley, to offer help.

SICK CELEBRITY

The good news is that, as reported by Krysten Laine, Zuzka is a celebrity. They went to a soccer game and fell in love with David Beckham. Zuzka was then interviewed for 5 minutes by CBS, during which she said she'd like to replace Victoria Beckham. When this will get on the airwaves is unclear, but it's just another American experience.

Unfortunately, Zuzka was not feeling up to par today and begged off of her report. We all hope for a speedy recovery so that the Safari can be thoroughly enjoyed.

Steve Ware won the Raffle and the prize, a watermelon. (Now how did that get under the Sick Celebrity heading?)



Rich showing a few moves from his new exercise video — "Melon Madness ... Exercise With Everyday Objects"

TRAINING FOR RAPID RESULTS

Mike Makuratza is in his retirement. Of course, he retired at 27, so he's still not totally old, to say the least. In fact, to say he's vigorous is an anemic understatement.



He apparently got his experience teaching scuba diving and latching onto a rich businessman from Japan. Sounds like a reasonably painless way to reach retirement at 27. In any event, his current schedule doesn't reflect a retired state, since he travels about 45 weeks a year to speak to 400+ companies.

Mike is a speaking coach, but he doesn't teach just public speaking. He teaches how to adjust presentations, public and private, to the personalities of the listeners so that they will be at their most receptive. Active participation and engagement are important. Even more, an empowering (as opposed to a limiting) belief system is key to opening possibilities. An example was Roger Bannister, the first sub-4:00 miler, who believed the "impossible" and showed the way in 1954. That's all it took — in 1955, 37 milers did it; in 1956, 200.

There are three types of personalities: Visual (talk and move fast), Auditory (medium speed), and Kinesthetic (slow and with feeling). Knowing this is helpful in communication. A given person's type can be deduced by body language, speech pace, and words used.

"Speak like a winner." Mike did his best to convert the whole crowd, putting us through several drills, during which anyone else in the Postino vicinity must have wondered what the deafening shouting and clapping were all about. Gosh, if only Prez Paul had been given this instruction at the beginning of his term.



The prospect of a new administration is just now starting to sink in among club members but Paul and Glenda have been looking forward to passing on the job for some time.

VISITING ROTARIANS

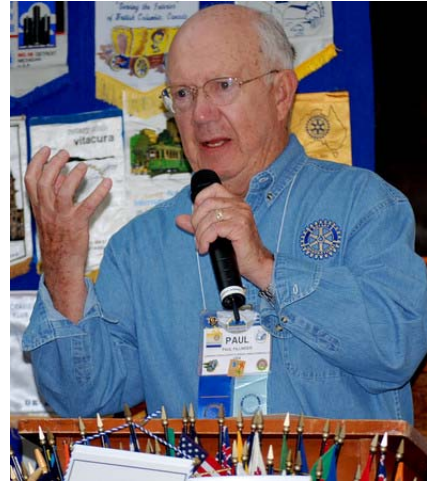
Peter Durbin, Johannesburg, PDG of his District, brought by Don Jenkins
Oh, yes — Don Jenkins, Orinda
John Sherry, incoming Prez, Lafayette Nooners
Steve Schneider, Lafayette

GUESTS

Wendy Scheek, Lamorinda Weekly
Nancy Polis, 3rd-timer
First Lady (even lamer duck) Glenda Fillinger
Simone the Trapeze Artiste

UPCOMING

- 6/27: **First exposure of President P. Flaharty**
- 7/4: **NO MEETING! DARK DAY WITH FIREWORKS! SOMEONE TELL POSTINO!**
- 7/8: Meeting of New Board, John Fazel office, 51 Moraga Way #1, Orinda
- 7/11: Bonnie Peacock and Ron Kilgore, Las Trampas Center (our project)
- 7/12: Farewell party for Zuzka, Raeth home, 5:00-8:00
- 7/18: Frank and Kathleen Mayhew (Sebastopol Rotarians), ending poverty one village at a time in Uganda
- 7/25: Exposure Yourself, TBD
- 8/1: Lindsey Wildlife Museum (live American Eagle included)
- 8/8: Mike Grenby, Australian journalist and professor, experiences around the world
- 8/22: District Governor Jim Campbell, what's shakin' with District 5160



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